

Workshop: ABCs of Sexuality and Autism – Adapting Material

Length of workshop:

Full-day training
Plenary speaker
3-hour workshop

Who is this workshop for?

General Education Teachers
Special Education Teachers
Resource Teachers
Therapists
Occupational Therapists
Social Workers
Behavior and Autism Specialists
Sex Educators

Speaker: Stephanie Mitelman, MA, CSE, Certified Sexuality Educator

- Winner of the First Tracks Award for Innovation in Sexology in 2013 for her work in making sexual education accessible for people on the autism spectrum.
- Has given this **ABCs of Autism and Sexuality workshop** at a range of conferences across North America.
- She is the founder of the largest website for resources for teaching sexual health across all the subjects, and specializes in adapting materials for individuals with special needs. Her manual, activity kits, sequencing cards, DVD's, posters and much more can be found at www.sexedmart.com.

Workshop Description:

Material specific to the needs of teachers, nurses, front line workers and parents who work or live with individuals on the autism spectrum and other neurodiversity. While the sexual needs of individuals with ASDs may not be different from others, the way information is processed can be. People with ASDs may also face unique sensory profiles and difficulty with communication.

This training offers an overview of how ASD relates to sexuality, from puberty through adolescence, as well as teaching strategies for teaching sexual health. A= Awareness and Attitudes B= Behaviors C= Communication and Connection.



The training also focuses on the adaptation of resources and the newest teaching materials available.

Course Objectives - participants will be able to:

1. Understand how autism affects romantic relationships and sexuality across the lifespan.
2. Know what youth need to know at different stages of development
3. Recognize effective ways to teach appropriate behaviors.
4. Anticipate issues in romantic communication and relationships and know how to minimize them.
5. Be introduced to unique resources for client and student needs.

To book your group training, please contact info@sexedmart.com